



Summit Ridge Middle School



International Baccalaureate Middle Years Programme Candidacy School 6th Grade Elective Course Descriptions 2019-2020

All students will automatically be scheduled into the following:

Required Electives: *Health/Fitness *Digital Design 1 *World Languages/Cultures

Required Electives: The required course descriptions are for information only.

Health/Fitness

(One Trimester)

Students will be exploring various wellness topics including nutrition, food journal, healthy eating choices, stress management, disease prevention, and mental and emotional health as it relates to physical health. Students will create an individual work out plan based on the 5 components of fitness, cooperative games, heart rate monitors, using technology to support individual wellness plans, fitness stations, Yoga, meditation, and other stress management related skills through physical activity. (Students will NOT be dressing out daily for this class).

Digital Design 1

(One Trimester)

Students will create projects and solve problems in web design, game programming, 3D modeling, photo manipulation, and audio production. Students will learn about professional practices and explore college and career paths in these areas, which might include class visits from current professionals. This course can also include a student portfolio of digital work showing their creativity and problem-solving skills.

World Languages/Cultures

(One Trimester)

This trimester course explores French, German, and Spanish languages and cultures. Students will develop beginner level communication skills in the target language through class activities. The cultural content will include a brief look at a variety of traditions and cultures associated with each language, including but not limited to holidays, art, music, food, dance, sports or other traditions associated with each language.

Elective Choices: Each 6th grade student will select 1-3 additional elective classes from the list below.

Band

(Full Year)

6th grade students with **proficient** skills on band instruments will rehearse daily as a group to learn the skills necessary to prepare and perform concert pieces for families and the school community.

Orchestra

(Full Year)

6th graders with **proficient** skills on violin, viola, cello, or string bass will rehearse daily as a group to learn the skills necessary to prepare and perform concert pieces for families and the school community.

Choir

(One Trimester)

6th and 7th grade choir students will sing a variety of music from pop to classical and styles in between. Students learn sight-reading as well as become familiar with music terminology. At the end of each trimester, students perform in a concert along with the other SRMS choirs.

Theatre Arts/Drama

(One Trimester)

6th and 7th grade students will explore the world of stage through presenting individually and in small groups theater concepts such as stage blocking, stage directions, costuming, and Foley art. This class gives students a chance to explore their creative side and increase their confidence presenting in front of an audience.

Visual Arts 1

(One Trimester)

6th grade students will develop a basic understanding of photography, ceramics, painting and drawing. Students will understand basic image techniques with technology, hand building, fibers, and printmaking. Students will also learn how to throw on the potter's wheel and understand how to load a ceramic kiln.

Health/Physical Education

(One Trimester)

6th and 7th grade students in this course will acquire knowledge and skills that provide the foundation for sport, a physically active lifestyle and social development through physical activity. Activities typically include those that increase strength, endurance, and flexibility; reinforce safe technique, teach the rules and conventions of games and sports; and explore the relationship between physical activity and health. A fee for a PE shirt for dressing out is required for this course.